



## LIVING & GIVING

A NEWSLETTER FROM FULL CIRCLE EARTH | [www.fullcirclearth.org](http://www.fullcirclearth.org)

### The Year in Review

As we head into 2019, we wanted to share with you some of the highlights from the past year.

- ❖ Launched an FCE newsletter (we did miss two editions this year, but will be on track to produce a quarterly edition in 2019.)
- ❖ Began a collaboration with Endicott College.
- ❖ Developed an internship program which will be expanding in the coming year.
- ❖ Participated in the 11<sup>th</sup> Annual Trash Finders Ball and were the recipient of this year's proceeds.
- ❖ Established an office at Endicott College in the Van Loan School and hosted an open house.
- ❖ Launched an eight-week Vocational Training Pilot Program for persons with altered abilities.
- ❖ Hosted a summer Drum Circle at the FCE greenhouse.
- ❖ Maintained a presence at the Beverly Farmers Market and demonstrated aquaponics, worm bin composting (vermicompost), and how to brew compost tea (organic liquid fertilizer).
- ❖ Presented at an Organic Land-care and Composting Workshop in Wakefield, MA.
- ❖ Held three Volunteer Days to maintain the greenhouse and the aquaponics systems.
- ❖ Hosted Essex Tech High School students at the greenhouse.
- ❖ Co-created *A Holiday Guide to Sustainable Gifts and Projects* (available on our website) with the Sustainability Office at Endicott College and held an event at the college.

We have many projects, workshops and trainings planned for the coming year. We do rely on volunteers to execute our mission, so please visit our website or Facebook page in the coming months to see what we are doing and to join in. Of course, if you want our assistance on your own project, don't hesitate to reach out to us at [info@fullcirclearth.org](mailto:info@fullcirclearth.org).

### FEATURED PROGRAMS

This past summer, we completed a pilot program offering **Vocational Earth Skills Training** to persons with altered abilities. We had two participants and offered eight-weeks of content and hands-on workshops covering Organic Land-care, Sustainability, and Aquaponics. It was a great success with very positive feedback. As a result, we are partnering with the Northeast Organic Farmers Association (NOFA) to offer an adaptive certification in order to prepare persons with altered abilities for job opportunities in the Organic Land-care industry. For more information contact [info@fullcirclearth.org](mailto:info@fullcirclearth.org).



We also held a series of **Outdoor Drum Circles** at our greenhouse. Lead by Mamadou Diop drum circles are more than just learning to play an instrument. They offer joy through playing the drum with all its spiritual songs and rhythms while providing opportunities to create new friendships and empower your life!

**About Full Circle Earth:** Since 2012, FCE has provided rewarding opportunities to spark positive social change through our Vocational Earth Skills Training Program, Workshops, Community Services, and Outreach.

### UPCOMING EVENTS

#### Beverly Walking Group

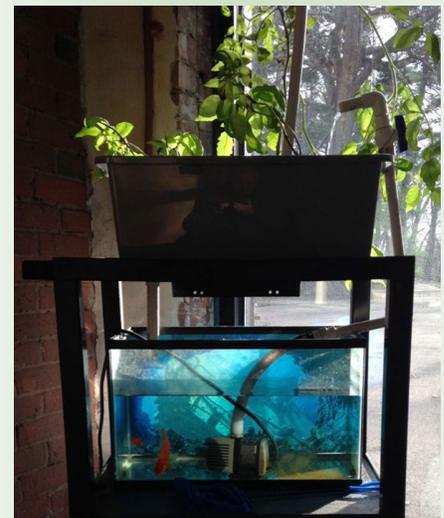
Long Hill Reservation  
572 Essex Street, Beverly, MA  
1<sup>st</sup> Saturday of Each Month  
Starting January 5, 2019 | 10AM-12PM

Meet us at the lower parking lot of the Long Hill Reservation as we embark on a two-hour walk and explore part of the 114 acres of conservation land. This event accommodates persons of all age and abilities. Come and discover the wonders of nature! It's FREE!

#### Aquaponics Workshop I

FCE Office at Endicott College, in the lower level of the Van Loan School  
295 Hale Street, Beverly, MA  
February, 2019 | Date & Time TBD

Come and learn how to build your own in-home aquaponics system. Materials will be provided for a fee.



#### Aquaponics Workshop II

FCE Office at Endicott College, in the lower level of the Van Loan School  
295 Hale Street, Beverly, MA  
March, 2019 | Date & Time TBD

Come and learn how to build your own mini solar structure to power your in-home aquaponics system. Materials will be provided for a fee.



## WISH LIST

### Needed Donations

As you may know, we are totally supported by donations and grants to fund our projects and programs. So please consider making a year-end donation, or if you have any of the following items that you can part with, we would be very grateful.

- ❖ Pick-up Truck
- ❖ Van
- ❖ 250-gallon rig sprayer & trailer
- ❖ Paper shredder
- ❖ Vacuum
- ❖ Bungee cords
- ❖ Clip boards
- ❖ Flip Charts
- ❖ Garden equipment including, rakes, shovels, wheelbarrow
- ❖ Office supplies including stapler, staples, scissors, scotch tape, recycled printer paper, page protectors, envelopes, stamps, dry erase markers

*Note: Full Circle Earth is a 501 c 3 non-profit organization of Massachusetts. All donations are tax-deductible.*

### Needed Skills

We continue to seek board members, volunteers, and advisors. Anyone with a passion for building a more sustainable planet are welcome to join us.

Additionally, we are in search of individuals who can provide in-kind donations of their time and expertise in various fields including: art therapy, legal, financial/CPA, marketing/fundraising, grant development, and non-profit management.

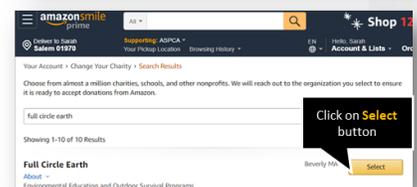
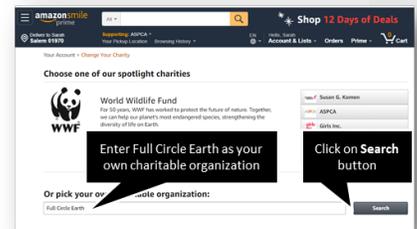
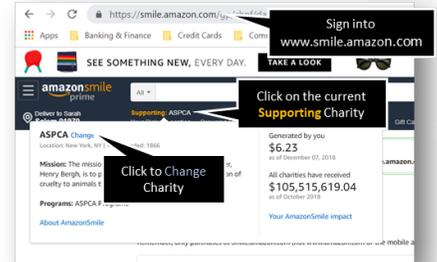
If you think you might qualify or have someone in mind that might be a good fit, please let us know. You can reach us at:

[info@fullcirclearth.org](mailto:info@fullcirclearth.org).

## AN EASY WAY FOR YOU TO HELP

Designate **Full Circle Earth** as your charity in Amazon Smile. That way every time you shop, a small donation is sent to us. IT'S EASY TO SET-UP! Here's how:

1. Instead of logging into [www.amazon.com](http://www.amazon.com), instead, log into [www.smile.amazon.com](http://www.smile.amazon.com).
2. On the top of the screen under the search box, you will see the word **Supporting** with a charity next to it. Click on the charity to get a pop-up box.
3. On the top of the pop-up you will see the charity listed with the word **Change** next to it. Click on the word **Change**.
4. At the bottom of the pop-up, enter **Full Circle Earth** as your own charitable organization.
5. Click on the **Search** button at the bottom right-hand corner of the pop-up-box.
6. A new pop-up-box will appear and **Full Circle Earth** should be the first charity listed. There will be a **Select** button to the right. Click on the button to **Select**.
7. The pop-up-box will close and on the top of the screen under the search box, you will see the word **Supporting** with **Full Circle Earth** next to it.
8. Now, shop as you would normally shop. Your setting will stay so you only need to do this once.



Thanks so much—every little bit helps!

